

Edmonson County NEWSLETTER



KENTUCKY STATE UNIVERSITY
Cooperative Extension Program



UK College of Agriculture,
Food and Environment
4-H Youth Development

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STEM

CIVIC ENGAGEMENT

AGRICULTURE

HEALTHY LIVING

A Note From Our Office

What a summer we have had already! These kids have been knocking it out of the park preparing for state fair, competing in area and state competitions, continuing their progress with their country hams, having a blast at 4-H camp, as well as having fun at days camp! There is so much more to come this year and I couldn't be more excited! I can't thank our youth, parents, volunteers, and community partners enough for their continued support of our 4-H program in Edmonson County!

Next stop, State Fair!

Sincerely,
Bridgett Petzet, 4-H Youth Development Agent



Achievement Spotlight State Communications Contest Success!

On July 8th, 4 youth from the South Edmonson 4-H Club competed in the State 4-H Communications Contest in Nicholasville, KY. These young ladies had to place first in the Mammoth Cave Area Communications contest to become eligible for the state competition. Our first competitor, Harper Davis brought home third place with her digital media presentation about hobbies. Next up were Jesse Denham and Hadley Garmon who filled the judges tummies with some yummy apple dip during their team demonstration which earned them a third place ribbon. Finishing up the day was Daphne Bolton, competing in 10 year old speech with her original piece about farming and agriculture earned her a blue ribbon! Did we mention that all four of these competitors were 9 and 10 year old 4-H age competing against ages 9-18? We are so incredibly proud of these young ladies for their hard work and accomplishments! Be on the lookout for these awesome young ladies in the future!





4-H Clubs Corner



Pony Express

TRACY MITCHELL

Many of our Horse Club members competed in the Edmonson County 4-H Memorial Day Horse Show, MCA District Horse Show, and WHOA Show! There were several 1st, 2nd, and 3rd place winners as well as many blue ribbons at each of the shows. Mrs. Tracy and club volunteers have been working with club members on trail obstacles and grooming at some of their meetings this summer in between shows. Just a reminder, The Pony Express Horse Club meets every 2nd and 4th Mondays! For more information, check out their Facebook page here by clicking the icon!



Kyrock

The Kyrock Afterschool is on break with school being out. However, we are looking for a **leader and volunteers** to have monthly meetings at Kyrock Elementary School to build their club for Cloverbud ages! Mrs. Susie Vincent and Karen Ryan will also have your back with all of their years of experience with our 4-H programs continuing with their 3rd and 4th grade program! If interested in volunteering, please contact Bridgett Poteet at the Extension Office!



South Edmonson

SHANNON LOWE

South Edmonson 4-H hosted their 2nd annual day camp at Chalybeate Park. There were 84 campers and volunteers in attendance. On this unusually chilly day, campers rotated through stations with local legend Moots Davis and son-in-law Johnny teaching our kids about honey bees and their importance in our environment, KSU Ag STEM Coordinator Jerimy Sandifer and Ag Tech Agent Tyler London educated, did flight simulations, and let kids pilot drones, Alicia Edwards and Sherrell Thompson facilitated kindness rock painting, Morgan Esters rocked it out with cardio drumming, and just for fun, who doesn't love inflatables? Overall, it was a great day for campers and our volunteers! For more information, check out their Facebook page here by clicking the icon!





4-H Clubs Corner

Teen Club

MORGAN ESTERS
& JOY CURTIS



Right before school let out, the Teen Club members came together for an International Cooking Day. Teen Club members split up into pairs and prepared 6 different Asian inspired recipes. Club members prepared Sesame chicken, Lo mein, Fried Rice, Egg Roll in a Bowl, Chinese Dumplings, and Crab Rangoon. In preparing these dishes, teen club members got to learn and practice a variety of skills related to kitchen and food safety, knife skills, stove and deep-drying cooking techniques, spices and flavorings, and many more! For more information, check out their Facebook page here by clicking the icon!



Archery Club

LOOKING FOR A LEADER

We are on the looking for someone to lead an archery club for the Edmonson County 4-H. This would require the leader to become a certified shooting sports instructor in archery. We have a huge interest in our county within our schools with archery. This is another arena where they can practice and compete. If you are interested, please contact Bridgett Poteet at the Edmonson County Extension Office!



Drones-Robotics-SET Club

LOOKING FOR A LEADER

We are on the looking for someone to lead a drones and robotics or SET club for the Edmonson County 4-H. We have a huge interest in learning drone curriculum, programming, careers, etc. There's even some discussion that there will be a drone competition in the future for 4-H at the State Fair. We would love to have this opportunity for our youth but we need a leader and volunteers! If you are interested, please contact Bridgett Poteet at the Edmonson County Extension Office!





4-H RALLY DAYS



The Edmonson County 4-H held its 2nd Annual Rally Days in conjunction with the Big Brownsville Bash this year June 1-3rd at the Heritage Center in Brownsville, KY.

4-H age youth from all over the county and multiple clubs entered projects in hopes of making it to the Kentucky State Fair in August. 80 different projects were entered into the Rally Days project categories.

Out of those 80, 70 will be advancing to the State Fair for judging against other 4-Hers in the Commonwealth.

We had entries in almost every division of contest but the majority of entries were in the Arts, Home Environment, Foods, Photography, Wood Science, and Electric divisions.

New to Rally Days this year, we awarded our first ever county Cupcake Wars Grand Champions. Megan Beavers and Alivia Higgins, Teen Club members, wowed the judges with their carrot cake and PB & J flavored cupcakes!

We can't wait to see what amazing creations our youth bring to compete next year! Rally Days wouldn't be a success without the hard work of our kids, volunteers, partnership with the Edmonson County Chamber of Commerce, and Edmonson County Arts Guild!

STATE FAIR

August 17-27

Country Ham, Poultry,
and Livestock Judging

August 17

Rabbit and Poultry
Show

August 18

Cupcake Wars

August 26





WEST KY 4-H CAMP



EDMONSON CO. FAIR

**"OLD WAY, NEW DAY"
SEPTEMBER 5-9**

**Tuesday
Ag Night**

4-H BBQ CONTEST-

5:00PM SET-UP 6:00PM START

4-H CUPCAKE WARS-

5:00PM SET-UP 6:00PM START

FASHION REVUE-

5:30PM SIGN-IN 6:00PM START

4-H BAKING CONTEST-

5:30-7:00PM CHECK-IN 7:00PM

JUDGING

**4-H LAWN TRACTOR DRIVING
CONTEST**

6:30PM SIGN-IN 7:00PM START

Thursday

4-H FAIR PROJECT CHECK-IN DAY

Friday

FAIR DAY PARADE-10:00AM

FAIR DAY

Saturday

**4-H FUN PET & LIVESTOCK SHOW-
10:00AM**

Admission Each Night of the Fair: \$15

On July 4-7, the agents from the Edmonson County Extension office embarked for the West Kentucky 4-H Camp grounds to meet with 5 other counties for several days of fun-filled activities, games, and opportunities to learn new skills.

From Edmonson County there were 64 youth (campers and teens) plus 7 adults (leaders and agents) that attended camp. We camped with a total of 418 youth and adults from Christian, Daviess, McLean, Meade, and Union counties. Camp staff really went the extra mile this year to provide a multitude of activities for our campers! Campers were able to pick classes from archery, riflery, crafts, community service, board games, old-fashioned games, hunter's orange card certification, disc golf, hammocks, boating, fishing, outdoor and indoor cooking, zip-lining, photography, and many more! Not to mention the daily recreation activities, swimming, karaoke, and camp favorite GaGa ball! Each night ended with specialized activities from Mega Relay, Wet-n-Wild Water Night, and Glo Sally. We hope our campers came home with lots of news skills, fantastic stories, and ready to go back to camp next year!



KENTUCKY 4-H CAMPING



1ST ANNUAL SUPER STAR CHEF CAMP



"OLD WAY, NEW DAY"
SEPTEMBER 5-9

Tuesday Ag Night

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5:00PM SET-UP 6:00PM START

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FAIR DAY

Saturday

4-H FUN PET & LIVESTOCK SHOW-

10:00AM

Admission Each Night of the Fair: \$15

A tremendous time was had by all 9 participants of the 1st annual Super Star Chef Camp at the Edmonson County Extension Office. The 3 day camp featured a variety of learning experiences for campers from healthy and yummy recipes, a variety of knife skills, kitchen safety protocols, stovetop and oven food preparations techniques and more!

Day 1 featured a crash course in knife skills with instruction on proper holding and handling techniques, as well as a variety types of cuts used in dishes from chopping, slicing, mincing, and dicing. Then over to the stove top for some practice in sautéing veggies, scrambling eggs, roasting some awesome potatoes, and putting together berry yogurt parfaits

Day 2 didn't show day one up. We started the day off preparing Super Star veggie dip to enjoy with the celery, cucumbers, broccoli, and carrots we prepared the day before. Then back to the stove learning how to brown ground meat, boil noodles to al dente, and prepare a yummy veggie spaghetti sauce! There were no leftovers from that one! We finished the afternoon preparing and preparing fruit and crumble for a delicious apple blueberry crisp!

Day 3 was the real show stopper! Our chefs got to experience the wonder of yeast and how it makes things rise by kneading whole wheat dough from scratch for veggie pizza! Dessert featured carrots and cinnamon in our carrot muffins which were devoured! Before heading home we whipped up a quick batch of fresh fiesta salsa with freshly minced cilantro.

All chefs went home with camp books full of information from camp, recipes, and goodies to use in their own kitchens! Thank you to our volunteers, Jade Taylor, KSU Agents Allison Denny and Megan Treadway! Super Star Chef Camp will be back Summer 2024!





EVENTS CALENDAR

August

- 2- AREA CUPCAKE WARS
- 7- STATE FAIR PROJECTS DUE
- 8- BACK TO SCHOOL BASH
- 10- BBO COOK-OFF WORKSHOP
- 12-13 WHOA HORSE SHOW
- 14- HORSE CLUB MEETING
- 17-27 KY STATE FAIR
- 17- COUNTRY HAM DAY
- 22- EC SCHOOLS 1ST DAY
- 24- ARTS & CRAFTS CLUB
- 26- FCS DAY & CUPCAKE WARS
- 28- HORSE CLUB MEETING

September

- 4- LABOR DAY HORSE SHOW
- 5-9 EDMONSON CO. FAIR
- 5- AG & 4-H NIGHT
- 7- FAIR PROJECT CHECK IN
- 7- CPC FIELD DAY
- 8- FAIR DAY & PARADE
- 9- FUN PET & LIVESTOCK SHOW
- 11- HORSE CLUB MEETING
- 12- 4-H ADVISORY COUNCIL MEETING
- 14- EC CATTLEMEN'S/JR CATTLEMEN'S
- 25- HORSE CLUB MEETING
- 27- PA SAFETY DAY

October

- 2-6 EC FALL BREAK
- 9- HORSE CLUB MEETING
- 12- EC CATTLEMEN'S/JR CATTLEMEN'S
- 17- COUNTY 4-H BANQUET
- 14- HALLOWEEN FUN HORSE SHOW
- 23- HORSE CLUB MEETING
- 31- HALLOWEEN

REMINDERS

Any projects taken home by 4-Hers from Rally Days need to be returned to the Extension Office by August 10th.

Be on the watch for sign-ups for the Edmonson County 4-H fair contests!

The new 4-H year will begin on September 1st. Everyone will need to fill out new 4-H Enrollment (PIE) forms either on paper or on 4.H Online. You can get more information from your club leader or the Extension Office.

LET'S GET CONNECTED!

EDMONSON COUNTY EXTENSION OFFICE INFORMATION



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WANNA JOIN 4-H OR BECOME A VOLUNTEER?

*Come by the office for paperwork or
click one of the links below.*

<https://tinyurl.com/4-Henrollmentform>
<https://tinyurl.com/VolunteerAppPacket>

SOCIAL MEDIA

*Like, share follow, and enjoy all of our
clubs and the office on social media!*

Facebook:

Edmonson County 4-H

Instagram:

@edmonsonco4H



Sign up for Remind updates by texting the message:
@ec4-hclub to the number 81010.

Sign up for our email newsletter! Use the link below:
<http://eepurl.com/injMHM>



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Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

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